

# NCS Athletic Handbook

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## Table of Contents

Table of Contents.....1

NCS Athletics Philosophy.....2

Policies and Procedures.....3

    Absences.....3

    Academics.....3

    Age Requirements.....4

    Away Games.....4

    Behavior .....4

    Dress Code.....5

    Dropping a Sport.....5

    Enrollment.....6

    Equipment .....6

    Fees.....6

    Medical Release Forms.....6

    Participation on Non-NCS Teams.....7

    Physicals.....7

    Practices .....7

    Schedules.....7

    Start Dates.....8

Athletic Handbook Agreement.....9

## **NCS Athletics Philosophy**

*The purpose of Newport Christian School Athletics is to provide a Christ-honoring, competitive sports environment for our student-athletes. Our mission is to promote the message of Jesus through athletics. We believe that Christ should be the focus in every area of our lives, including athletics. We believe that academic excellence must be maintained throughout our athletic program. We believe that being an NCS Seahawk takes dedication to Christ, academics, and school pride. Go Seahawks!*

# Policies and Procedures

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## Absences

An athlete must attend school for at least half of the school day in order to participate in practices or athletic contests. Athlete that miss a class period due to an athletic contest will have an “excused” absence, however it is the responsibility of the athlete to make up any class work missed. \*Please see the NCS School Handbook for further information on the school’s attendance policy

## Academics

All student-athletes must have a passing grade (D- or higher) by the end of each quarter to be eligible for NCS athletics. Any student-athlete that falls below a 2.0 grade point average during the current quarter will be ineligible to participate in practices or athletic contests. Student-athletes have the opportunity to regain eligibility if their grade point average exceeds a 2.0, or have passing grades at the end of the quarter. Student-athletes that become ineligible during the sport they are currently playing may not be eligible to return, however they may be eligible to participate in another sport.

**\*\*Academic Probation:** Student-athletes that become academically ineligible may petition the administration for academic probation. Student-athletes that are on academic probation are eligible to participate in practices and athletic contests for up to one semester, but the length of the probation can be shortened at the discretion of administration. If a student-athlete does not meet the NCS athletics academic requirements after the academic probation period has ended, then they will become academically ineligible. **The academic probation may only be petitioned by junior and senior high school student-athletes. A student-athlete may only be granted academic probation one time while in junior high, and one time while in senior high.**

## **Age Requirements**

NCS athletics is broken down into three divisions: elementary, junior high, and junior varsity.

**Elementary: Students ages 9-11 are eligible to participate in elementary sports.**

**Junior High: Students ages 11-14 are eligible to participate in junior high sports**

**Junior Varsity: Students ages 11-17 are eligible to participate in junior varsity sports**

## **Away Contests**

Every NCS team will travel away from NCS to participate in athletic contests to allow for opposing teams to participate in contests near or at their school. All athletes must travel with the team to away contests unless given permission by the head coach. Athletes may ride back from away contest with their parent(s) or guardian. Athletes may not ride back from away contests with another parent(s) or guardian unless the athletic director has written permission from the athlete's parent(s) or guardian.

## **Behavior**

Athletes are to abide by rules and conduct listed in the NCS Student handbook. An athlete may be suspended for a game(s) for excessive misbehavior during school. Athletes that receive disciplinary action will meet with the athletic director and administration prior to action being taken. If an athlete is suspended or expelled from school, they will become ineligible to participate in NCS practices or athletic contests.

## **Dress Code**

Athletes must follow the dress code according to the NCS Student Handbook when traveling to away contests or watching home contests. For NCS athletic practices and athletic contests, athletes must follow these guidelines:

- All shorts (boys and girls) must knee-length.
- The appropriate shoes must be worn at all times (ex. cleats are not allowed on the basketball court).
- All athletes must wear their uniforms properly for athletic contests.
- No jewelry is to be worn during athletic contests
- Compression shorts are to be worn for all athletic contests

### **Boys**

- Sleeveless shirts are permitted during practices, however low-cut tank tops and “A-shirts” are not permitted.
- Shirts displaying offensive language or images are not permitted.

### **Girls**

- Sleeveless shirts are permitted during practices, however tank tops and backless shirts are not permitted.
- Shirts and shorts must be loose-fitting.
- Hair must be pulled back from the face for all athletic contests.

## **Dropping a Sport**

If an athlete decides to drop a sport for any reason, unless for family emergency, they are ineligible to participate in the following sport. If an athlete decides to drop a sport before the first game, then they may be permitted to participate in the following sport. If a student decides to drop a sport, they must notify the head coach and return all uniforms and equipment within five (5) days of dropping the sport. If the head coach is not notified and/or the uniforms and equipment is not turned in, then the matter will be handled by the athletic director and administration.

## **Enrollment**

Every athlete that participates in NCS athletics must be enrolled as a full-time student at NCS. Athletes that are not enrolled at NCS will be ineligible to participate in NCS athletics.

## **Equipment**

All equipment used for practices and athletic contests is property of NCS. Athletes are not permitted to remove equipment from NCS facilities without permission from the athletic director. Any removal of NCS equipment could result in additional athletic fees.

## **Fees**

Athletic fees will be added on to the tuition pay at the beginning of each season. Athletic fees must be paid at least fifty percent to participate in the first athletic contest. Athletic fees must be paid in full prior to the halfway mark of the season. Failure to pay athletic fees could result in removal from the athletic team.

**\$150—For each individual elementary and junior high sport.**

**\$125—If an athlete has played in an additional elementary or junior high sport within the school year.**

**\$100—For each individual junior varsity sport.**

**\$75—If an athlete has played in an additional elementary or junior high sport within the school year.**

## **Medical Release Forms**

All athletes must complete the NCS medical release forms prior to their first practice. Athletes will not be permitted to practice without completion of the medical release forms. Participation in practices or games without completion of the release forms may result in suspension from contests or removal from the team. Medical release forms will be available in the school office or the athletic director's office. Medical release forms may be turned in to the head coach, school office, or the athletic director.

## **Participation on Non-NCS Teams**

Athletes are not permitted to participate on Non-NCS teams that are within in the same league as NCS. Athletes are permitted to participate on Non-NCS teams, however , participation in NCS athletics must take precedence over Non-NCS teams.

## **Physicals**

Athletes must have a completed physical prior to their first athletic contest. If an athlete does not have a completed physical, they will not be eligible to participate in athletic contests. Participation in an athletic contest without a completed physical will result in a suspension from athletic contests.

## **Practices**

All practices will be under the supervision of NCS coaching staff. Practices take place on-site and off-site. Practice schedules will be given to each team once teams have been assembled. Practices will be no longer than two (2) hours. All athletes are required to attend practice. Failure to attend practice could result in a reduction of playing time in athletic contests or suspension from an athletic contest at the head coach's discretion.

## **Schedules**

Athletic contest schedules will be available prior to the start of the athletic season. All athletic contests are subject to change.

## **Start Dates**

### **2017**

*Elementary Boys Football: September 5*

*Junior High Boys Football: September 5*

*Junior Varsity Boys Football: September 5*

*Elementary Girls Basketball: September 5*

*Junior High Girls Basketball: September 5*

*Junior Varsity Girls Basketball: September 5*

*Junior Varsity Boys Basketball: November 28*

*Elementary Boys Basketball: November 28*

*Junior High Boys Basketball: November 28*

*Elementary Girls Volleyball: December 4*

*Junior High Girls Volleyball: December 4*

*Junior Varsity Girls Volleyball: December 4*



# Athletic Handbook Agreement

I, \_\_\_\_\_ agree to abide by the policies and procedures listed in the NCS athletic handbook. I understand that failure to abide by the policies and procedures could result in a loss of athletic privileges or removal from the NCS athletic program.

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date